

# Calendar of Events

## Monday, June 3

8:30 - 9:45 a.m. . . . . Fitness for Ladies  
 9 a.m. - 3 p.m. . . . . Foot Clinic  
 9:30 - 11 a.m. . . . . Bible Study  
 10:15 a.m. - 3 p.m. . . . . ACBL Duplicate Bridge  
 10 - 11 a.m. . . . . Circle of Readers  
 10 a.m. - 3 p.m. . . . . Crafting  
 11:30 a.m. - noon . . . . . Lunch  
 1 - 3 p.m. . . . . Novel Idea Class  
 1 - 2 p.m. . . . . Beginning Tap Dance  
 1 - 2 p.m. . . . . Fishing Group Meeting  
 2:30 - 4:45 p.m. . . . . Intermediate Tap Dance  
 3:15 - 4:10 p.m. . . . . Zumba Gold  
 4:30 - 9 p.m. . . . . Monday Night Pool Tournament  
 6 - 9 p.m. . . . . Party Bridge  
 6:30 - 9 p.m. . . . . Monday Night Dance

*Sponsored by St. John Home Health & Hospice*

## Tuesday, June 4

8 - 9 a.m. . . . . Tai Chi  
 8:30 - 11:30 a.m. . . . . Party Bridge  
 9:05 - 9:50 a.m. . . . . Limited Exercise  
 9:30 - 11:30 a.m. . . . . Computer Training Appointments  
 9:30 a.m. - noon . . . . . Train Dominoes  
 10 - 11 a.m. . . . . Yoga  
 10 a.m. - 4 p.m. . . . . Paper Crafting  
 11:10 a.m. - 12:10 p.m. . . . . Intermediate/Advanced Line Dance  
 11:30 a.m. - noon . . . . . Lunch  
 12:15 - 1:15 p.m. . . . . Tai Chi for Balance  
 12:45 - 2 p.m. . . . . Bingo for Prizes  
 1:30 - 2:30 p.m. . . . . Intermediate Line Dance  
 2:45 - 3:10 p.m. . . . . Chair Zumba  
 3:15 - 4:10 p.m. . . . . Zumba Gold

*Sponsored by Forest Hills Care Center*

## Wednesday, June 5

8:30 - 9:45 a.m. . . . . Fitness for Ladies  
 9 - 9:30 a.m. . . . . Music Theory for Ukulele  
 9 a.m. - noon . . . . . Bags to Mats  
 9:30 - 10 a.m. . . . . Beginning Ukulele Lessons  
 9:30 - 10:30 a.m. . . . . Singing  
 9:30 - 10:15 a.m. . . . . Beginning Bridge Lessons  
 10:15 a.m. - 3 p.m. . . . . ACBL Duplicate Bridge  
 10 a.m. - noon . . . . . Ukulele Jam Session  
 10 a.m. - 4 p.m. . . . . Quilting  
 11:30 a.m. - noon . . . . . Lunch  
 Noon - ? . . . . Movie & Popcorn • The Upside • rated PG-13 • 126 minutes  
 1 - 2 p.m. . . . . Beginning Guitar Lessons

1 - 3 p.m. . . . . Needle Crafters  
 3:15 - 4:10 p.m. . . . . Zumba Gold

## Thursday, June 6

8 - 9 a.m. . . . . Tai Chi  
 9:05 - 9:50 a.m. . . . . Limited Exercise  
 9:30 a.m. - noon . . . . . Poker Lessons  
 9:30 - 10:30 a.m. . . . . Guitar Jam Session  
 9:30 - 11:30 a.m. . . . . Computer Training Appointments  
 9:30 - noon . . . . . Train Dominoes  
 10 - 11 a.m. . . . . Yoga  
 10 a.m. - noon . . . . . Learn to Knit  
 11:30 a.m. - noon . . . . . Basic Line Dance  
 11:30 a.m. - noon . . . . . Lunch  
 Noon - 1 p.m. . . . . Beginning Line Dance  
 12:30 - 2:30 p.m. . . . . Crochet Group  
 12:30 - 3 p.m. . . . . Party Bridge  
 1 - 2 p.m. . . . . Travel Group Meeting  
 1:30 - 2:30 p.m. . . . . Intermediate Line Dance  
 2:45 - 3:10 p.m. . . . . Chair Zumba  
 3:15 - 4:10 p.m. . . . . Zumba Gold

## Friday, June 7

8:30 - 9:45 a.m. . . . . Fitness for Ladies  
 9 - 10 a.m. . . . . Singing  
 10 a.m. - noon . . . . . Alzheimer's Support Group  
 10 a.m. - 12:30 p.m. . . . . Individual Quilt Layout  
 10:30 a.m. - noon . . . . . Creative Writing  
 10:30 - 11 a.m. . . . . Line Dance for Fitness Review  
 11 a.m. - noon . . . . . Line Dance for Fitness  
 11:30 a.m. - noon . . . . . Lunch  
 12:45 - 2:15 p.m. . . . . Bingo for \$\$\$  
 12:15 - 1:15 p.m. . . . . Tai Chi for Balance  
 1-3:30 p.m. . . . . Canasta  
 1 - 4 p.m. . . . . Painting/All Mediums

*Sponsored by Senior Star of Woodland Terrace*

### Worried about market volatility? Let's talk.



**Brad Buxton, AAMS®**  
 Financial Advisor  
 1145 S Aspen Ave  
 Broken Arrow, OK 74012  
 918-258-6932

**Edward Jones®**  
 MAKING SENSE OF INVESTING

MKT-5894I-A

Member SIPC

# Calendar of Events

## Monday, June 10

8:30 - 9:45 a.m.	Fitness for Ladies
9:30 - 11 a.m.	Bible Study
10:15 a.m. - 3 p.m.	<i>canceled</i> ACBL Duplicate Bridge
10 a.m. - 3 p.m.	Crafting
11:30 a.m. - noon	Lunch
1 - 2 p.m.	Beginning Tap Dance
1 - 3 p.m.	Novel Idea Class
1:30 - 3 p.m.	Photography
2:30 - 4:45 p.m.	Intermediate Tap Dance
3:15 - 4:10 p.m.	Zumba Gold
4:30 - 9 p.m.	Monday Night Pool Tournament
6 - 9 p.m.	Party Bridge
6:30 - 9 p.m.	Monday Night Dance

**Sponsored by Floral Haven Funeral Home & Cemetery**

## Tuesday, June 11

8 - 9 a.m.	Tai Chi
8:30 - 11:30 a.m.	Party Bridge
9 a.m. - until it's over	Dominoes Tournament
9:05 - 9:50 a.m.	Limited Exercise
10 a.m. - until it's over	Fitness Machine Training

**Sponsored by Summit Physical Therapy**

9:30 - 11:30 a.m.	Computer Training Appointments
9:30 - noon	Train Dominoes
10 - 11 a.m.	Yoga
10 a.m. - 4 p.m.	Paper Crafting
11:10 a.m. - 12:10 p.m.	Intermediate/Advanced Line Dance
11:30 a.m. - noon	Lunch
12:15 - 1:15 p.m.	Tai Chi for Balance
12:45 - 2 p.m.	Bingo for Prizes

**Sponsored by Terri Haggard/Health Markets**

1:30 - 2:30 p.m.	Intermediate Line Dance
2:45 - 3:10 p.m.	Chair Zumba
3:15 - 4:10 p.m.	Zumba Gold

## Wednesday, June 12

8:30 - 9:45 a.m.	Fitness for Ladies
9 - 9:30 a.m.	Music Theory for Ukulele
9:30 - 10:30 a.m.	Singing
9 a.m. - noon	Bags to Mats
9:30 - 10 a.m.	Beginning Ukulele Lessons
9:30 - 10:15 a.m.	Beginning Bridge Lessons
10:15 a.m. - 3 p.m.	<i>canceled</i> ACBL Duplicate Bridge
10 a.m. - noon	Ukulele Jam Session
10 a.m. - 4 p.m.	Quilting
11:30 a.m. - noon	Lunch

**Movie & Popcorn • Fighting with My Family •  
rated PG-13 • 108 minutes**

1 - 2 p.m.	Beginning Guitar Lessons
1 - 3 p.m.	Needle Crafters
3:15 - 4:10 p.m.	Zumba Gold

## Thursday, June 13

8 - 9 a.m.	Tai Chi
9 - 11 a.m.	Blood Pressure, Blood Sugar and Pulse Ox Checks

**Sponsored by Cura Hospice & Palliative Care**

9:05 - 9:50 a.m.	Limited Exercise
9:30 - noon	Poker Lessons
9:30 - 10:30 a.m.	Guitar Jam Sessions
9:30 - 11:30 a.m.	Computer Training Appointments
9:30 - noon	Train Dominoes
10 a.m. - noon	Learn to Knit
10 - 11 a.m.	Yoga
11:30 a.m. - noon	Basic Line Dance
11:30 a.m. - noon	Lunch
Noon - 1 p.m.	Beginning Line Dance
12:30 - 2:30 p.m.	Crochet Group
12:30 - 3 p.m.	Party Bridge
1:30 - 2:30 p.m.	Intermediate Line Dance

## Friday, June 14

**Birthday Potluck Luncheon**

11:30 a.m.	Centennial Hall • More information on page 14
9 - 10 a.m.	Singing
10 a.m. - 12:30 p.m.	Individual Quilt Layout
10 a.m. - noon	Creative Writing
1 - 3:30 p.m.	Canasta
1 - 4 p.m.	Painting/All Mediums

## Monday, June 17

8:30 - 9:45 a.m.	Fitness for Ladies
9:30 - 11 a.m.	Bible Study
10:15 a.m. - 3 p.m.	ACBL Duplicate Bridge
10 a.m. - 3 p.m.	Crafting
11:30 a.m. - noon	Lunch
1 - 2 p.m.	Beginning Tap Dance
1 - 3 p.m.	Novel Idea Class
2:30 - 4:45 p.m.	Intermediate Tap Dance
3:15 - 4:10 p.m.	Zumba Gold
4:30 - 9 p.m.	Monday Night Pool Tournament
6 - 9 p.m.	Party Bridge
6:30 - 9 p.m.	Monday Night Dance

**Worried about market volatility? Let's talk.**



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# Calendar of Events

## Tuesday, June 18

- 8 - 9 a.m. . . . . Tai Chi
  - 8:30 - 11:30 a.m. . . . . Party Bridge
  - 9:05 - 9:50 a.m. . . . . Limited Exercise
  - 9:30 - 11:30 a.m. . . . . Computer Training Appointments
  - 9:30 - noon . . . . . Train Dominoes
  - 10 - 11 a.m. . . . . Yoga
  - 10 a.m. - 4 p.m. . . . . Paper Crafting
  - 11:10 - 12:10 p.m. . . . . Intermediate/Advanced Line Dance
  - 11:30 a.m. - noon . . . . . Lunch
  - 12:15 - 1:15 p.m. . . . . Tai Chi for Balance
  - 12:45 - 2 p.m. . . . . Bingo for Prizes
- Sponsored by New Century Hospice**
- 1:30 - 2:30 p.m. . . . . Intermediate Line Dance
  - 2:45 - 3:10 p.m. . . . . Chair Zumba
  - 3:15 - 4:10 p.m. . . . . Zumba Gold
  - 3:30 - until it's over . . . . . Board of Directors

- 9 a.m. - until it's over . . . . . Pool Tournament
- Sponsored by Forest Hills Assisted and Independent Living**
- 9:05 - 9:50 a.m. . . . . Limited Exercise
  - 9:30 - 10:30 a.m. . . . . Guitar Jam Session
  - 9:30 - 11:30 a.m. . . . . Computer Training Appointments
  - 9:30 - noon . . . . . Train Dominoes
  - 9:30 - noon . . . . . Poker Lessons
  - 10 a.m. - noon . . . . . Learn to Knit
  - 10 - 11 a.m. . . . . Yoga
  - 11:30 a.m. - noon . . . . . Basic Line Dance
  - 11:30 a.m. - noon . . . . . Lunch
  - Noon - 1 p.m. . . . . Beginning Line Dance
  - 12:30 - 2:30 p.m. . . . . Crochet Group
  - 12:30 - 3 p.m. . . . . Party Bridge
  - 1:30 - 2:30 p.m. . . . . Intermediate Line Dance
  - 2:45 - 3:10 p.m. . . . . Chair Zumba
  - 3:15 - 4:10 p.m. . . . . Zumba Gold

## Wednesday, June 19

- 8:30 - 9:45 a.m. . . . . Fitness for Ladies
- 9 - 9:30 a.m. . . . . Music Theory for Ukulele
- 9 a.m. - noon . . . . . Bags to Mats
- 9:30 - 10 a.m. . . . . Beginning Ukulele Lessons
- 9:30 - 10:30 a.m. . . . . Singing
- 9:30 - 10:15 a.m. . . . . Beginning Bridge Lessons
- 10:15 a.m. - 3 p.m. . . . . ACBL Duplicate Bridge
- 10 a.m. - noon . . . . . Ukulele Jam Session
- 10 a.m. - 4 p.m. . . . . Quilting
- 11:30 a.m. - noon . . . . . Lunch
- Noon - ? . . . . . Movie & Popcorn • A Dog's Way Home •  
rated PG-13 • 96 minutes
- 1 - 2 p.m. . . . . Beginning Guitar Lessons
- 1 - 3 p.m. . . . . Needle Crafters
- 3:15 - 4:10 p.m. . . . . Zumba Gold

## Thursday, June 20

- 8 - 9 a.m. . . . . Tai Chi



## IS ESTATE PLANNING ON YOUR SUMMER BUCKET LIST?

There are many excuses made when it comes to completing or revising your estate plan. However, ensuring peace of mind for you and your loved ones should always be a priority.

Take the steps today to deliver peace of mind for you and your loved ones – knowing they will be cared for according to your wishes if the unexpected was to happen.

**CONTACT OUR PLANNED GIVING OFFICE AND TAKE ADVANTAGE OF THESE COMPLIMENTARY FINANCIAL SERVICES.**

**CALL 918-491-0079 TODAY!**

# Calendar of Events

## Friday, June 21

8:30 - 9:45 a.m. . . . . Fitness for Ladies  
 9 - 10 a.m. . . . . Singing  
 10 a.m. - noon . . . . . Creative Writing  
 10 a.m. - 12:30 p.m. . . . . Individual Quilt Layout  
 10:30 - 11 a.m. . . . . Line Dance for Fitness Review  
 11 a.m. - noon . . . . . Line Dance for Fitness  
 11:30 a.m. - noon . . . . . Lunch  
 12:15 - 1:15 p.m. . . . . Tai Chi for Balance  
 12:30 - 2:30 p.m. . . . . BUNCO  
 1 - 4 p.m. . . . . Painting/All Mediums

## Monday, June 24

8:30 - 9:45 a.m. . . . . Fitness for Ladies  
 9:30 - 11 a.m. . . . . Bible Study  
 10:15 a.m. - 3 p.m. . . . . ACBL Duplicate Bridge  
 10 a.m. - 3 p.m. . . . . Crafting  
 11:30 a.m. - noon . . . . . Lunch  
 1 - 2 p.m. . . . . Beginning Tap Dance  
 1 - 3 p.m. . . . . Novel Idea Class  
 1:30 - 3 p.m. . . . . Dealing with Change  
 1:30 - 3 p.m. . . . . Photography  
 2:30 - 4:45 p.m. . . . . Intermediate Tap Dance  
 3:15 - 4:10 p.m. . . . . Zumba Gold  
 4:30 - 9 p.m. . . . . Monday Night Pool  
 6 - 9 p.m. . . . . Party Bridge  
 6:30 - 9 p.m. . . . . Monday Night Dance

*Sponsored by Silver Arrow Estates*

## Tuesday, June 25

8 - 9 a.m. . . . . Tai Chi  
 8:30 - 11:30 a.m. . . . . Party Bridge  
 9:05 - 9:50 a.m. . . . . Limited Exercise  
 9:30 - 11:30 a.m. . . . . Computer Training Appointments  
 9:30 - noon . . . . . Train Dominoes  
 10 - 11 a.m. . . . . Advanced Line Dance  
 10 - 11 a.m. . . . . Yoga  
 10 a.m. - 4 p.m. . . . . Paper Crafting  
 11:10 a.m. - 12:10 p.m. . . . . Intermediate/Advanced Line Dance  
 11:30 a.m. - noon . . . . . Lunch  
 12:15 - 1:15 p.m. . . . . Tai Chi for Balance  
 12:45 - 2 p.m. . . . . Bingo for Prizes

*Sponsored by Floral Haven Funeral Home & Cemetery*

1:30 - 2:30 p.m. . . . . Intermediate Line Dance  
 2:45 - 3:10 p.m. . . . . Chair Zumba  
 3:15 - 4:10 p.m. . . . . Zumba Gold

## Wednesday, June 26

8:30 - 9:45 a.m. . . . . Fitness for Ladies  
 9 - 9:30 a.m. . . . . Music Theory for Ukulele  
 9 a.m. - noon . . . . . Bags to Mats  
 9:30 - 10 a.m. . . . . Beginning Ukulele Lessons  
 9:30 - 10:30 a.m. . . . . Singing  
 9:30 - 10:15 a.m. . . . . Beginning Bridge Lessons  
 10:15 a.m. - 3 p.m. . . . . ACBL Duplicate Bridge  
 10 a.m. - noon . . . . . Ukulele Jam Session  
 10 a.m. - 4 p.m. . . . . Quilting  
 11:30 a.m. - noon . . . . . Lunch  
 Noon - ? Movie & Popcorn • Holmes & Watson • rated PG-13 • 90 minutes  
 1 - 2 p.m. . . . . Beginning Guitar Lessons  
 1 - 3 p.m. . . . . Needle Crafters  
 3:15 - 4:10 p.m. . . . . Zumba Gold

## Thursday, June 27

8 - 9 a.m. . . . . Tai Chi  
 9:05 - 9:50 a.m. . . . . Limited Exercise  
 9:30 - 10:30 a.m. . . . . Guitar Jam Session  
 9:30 - 11:30 a.m. . . . . Computer Training Appointments  
 9:30 - noon . . . . . Train Dominoes  
 9:30 - noon . . . . . Texas Hold 'em Poker Tournament  
 10 a.m. - noon . . . . . Learn to Knit  
 10 - 11 a.m. . . . . Yoga  
 11:30 a.m. - noon . . . . . Basic Line Dance  
 11:30 a.m. - noon . . . . . Lunch  
 Noon - 1 p.m. . . . . Beginning Line Dance  
 12:30 - 2:30 p.m. . . . . Crochet Group  
 12:30 - 3 p.m. . . . . Party Bridge  
 1:30 - 2:30 p.m. . . . . Intermediate Line Dance  
 2:45 - 3:10 p.m. . . . . Chair Zumba

## Friday, June 28

8:30 - 9:45 a.m. . . . . Fitness for Ladies  
 9 - 10 a.m. . . . . Singing  
 10 a.m. - 12:30 p.m. . . . . Individual Quilt Layout  
 10 a.m. - noon . . . . . Creative Writing  
 10:30 - 11 a.m. . . . . Line Dance for Fitness Review  
 11 a.m. - noon . . . . . Line Dance for Fitness  
 11:30 a.m. - noon . . . . . Lunch  
 12:15 - 1:15 p.m. . . . . Tai Chi for Balance  
 12:45 - 2:15 p.m. . . . . Bingo for \$\$  
 1 - 3:30 p.m. . . . . Canasta  
 1 - 4 p.m. . . . . Painting/All Mediums